yogaworks

class schedule may 13 - september 15, 2013
main street
2215 main street • santa monica, ca 90405
310.272.5641 • yogaworks.com

MONDAY

7:00-8:30	**YW Flow 2/3** Malachi Melville
9:15-10:45	**Yoga Blend 2/3** Chad Hamrin
11:00-12:30	**Vinyasa Flow 2/3♫** Carolina Goldberg
12:45-1:45	**Vinyasa Flow 2♫** Calvin Corzine
2:30-4:00	**Community/ Kundalini 1/2♫** Kia Miller
4:15-5:45	**Vinyasa Flow 2/3♫** Mia Togo
6:00-7:25	**YW Flow 2/3♫** Kia Miller
7:30-9:00	**YogaWorks 1/2♫** David Kim

TUESDAY

6:15-7:25	**YW Flow 2/3** Bianca McClellan-Fearon
7:30-9:00	**Vinyasa Flow 2/3♫** Kia Miller
9:15-10:45	**Vinyasa Flow 2/3♫** Vinnie Marino
11:00-12:30	**Yoga Blend 1** Jasmine Lieb
12:45-2:15	**Iyengar 1/2** Paul Cabanis
2:30-4:00	**Community/ Vinyasa Flow 2♫** Alexandria Crow
4:15-5:45	**Vinyasa Flow 2/3♫** Sara Ivanhoe
6:00-7:25	**Vinyasa Flow 2/3♫** Vytas
7:30-9:00	**Vinyasa Flow 2♫** Patti Quintero

WEDNESDAY

7:00-8:30	**YW Flow 2/3** Malachi Melville
9:15-10:45	**Vinyasa Flow 2/3♫** Mia Togo
11:00-12:30	**Vinyasa Flow 2/3♫** Carolina Goldberg
12:45-1:45	**Vinyasa Flow 2♫** Calvin Corzine
2:30-4:00	**Community/ Kundalini 1/2♫** Kia Miller
4:15-5:45	**Vinyasa Flow 2/3♫** Mia Togo
6:00-7:25	**YW Flow 2/3♫** Kia Miller
7:30-9:00	**YogaWorks 1/2♫** David Kim

THURSDAY

6:15-7:25	**YW Flow 2/3** Bianca McClellan-Fearon
7:30-9:00	**Vinyasa Flow 2/3♫** Kia Miller
9:15-10:45	**Vinyasa Flow 2/3♫** Vinnie Marino
11:00-12:30	**Yoga Blend 1** Jasmine Lieb
12:45-2:15	**Iyengar 1/2** Paul Cabanis
2:30-4:00	**Community/ Vinyasa Flow 2♫** Alexandria Crow
4:15-5:45	**Vinyasa Flow 2/3♫** Sara Ivanhoe
6:00-7:25	**Vinyasa Flow 2/3♫** Vytas
7:30-9:00	**Vinyasa Flow 2♫** Patti Quintero

FRIDAY

7:00-8:30	**YW Flow 2/3** Malachi Melville
9:15-10:45	**Vinyasa Flow 2/3♫** Mia Togo
11:00-12:30	**Vinyasa Flow 2/3♫** Carolina Goldberg
12:45-1:45	**Vinyasa Flow 2♫** Calvin Corzine
2:30-4:00	**Community/ Kundalini 1/2♫** Pete Lee
4:15-5:45	**Vinyasa Flow 2/3♫** Mia Togo
6:00-7:25	**Vinyasa Flow 2/3♫** Vytas

SATURDAY

7:30-8:55	**Yoga Blend 2/3** Chad Hamrin
9:15-10:45	**Vinyasa Flow 2/3♫** Vinnie Marino
11:00-12:25	**YW Flow 2** Birgitte Kristen
12:30-2:00	**Vinyasa Flow 2/3♫** Calvin Corzine
2:15-3:45	**YW Flow 2♫** Charlie Samos
4:00-5:30	**Vinyasa Flow 2/3♫** Vytas

SUNDAY

7:30-8:55	**Yoga Blend 2/3** Chad Hamrin
9:15-10:45	**Vinyasa Flow 2/3♫** Mia Togo
11:00-12:25	**YW Flow 2/3♫** Patti Quintero
12:30-2:00	**YogaWorks 1/2** Emily Maupin
2:15-3:45	**YW Flow 2♫** Charlie Samos
4:00-5:30	**Vinyasa Flow 2/3♫** Alexandria Crow
5:45-7:15	**Yin & Yang 2/3♫** Sara Ivanhoe

LEGEND

♫ Music

Visit yogaworks.com for substitute teachers & holiday hours.